

The Society of Women in Urology



NEWS

Spring 2006

President's Message

Brenda S. Kinard, MD



"The men are here to stay;
we might as well work with them"
Ellen Swallow Richards,
the first American woman to earn a degree in chemistry.

We can only imagine what life was like for Ellen Swallow at MIT in 1873, surrounded by men who could not possibly understand why a woman would pursue a chemistry degree. This woman, who is responsible for introducing the U.S. to the term "ecology", completed the requirements for the degree, but ultimately was not awarded her PhD because she was a woman. She did not let this or her

"voluntary" position as an unpaid faculty member at MIT stop her from doing what she loved. Through her example and advocacy, Ellen Swallow Richards promoted the education of women in scientific disciplines.

Last year the Association for Academic Surgery held a lunch discussion devoted to women's issues during their annual meeting. It prompted the editor of *Surgical Rounds*, Dr. Bernard Jaffe of Tulane University, to write his article, "Viva La Difference" in the June 2005 issue. He began by stating "...I realized it's likely that there may always be a need for special consideration for the problems faced by women surgeons, at least at some points in their careers" and concludes the article by stating "Women surgeons will make their mark as long as we don't expect them to fit into a male mold". If Dr. Jaffe can recognize these important distinctions in the career development of women surgeons, then there is hope for women who are attempting to establish themselves in male-dominated specialties. We also hope that their paths bring success so they will become the role models and mentors of the future.

During the SWIU Board of Directors meeting this past March we reviewed the membership roles. The numbers of women in residency positions and private practice have increased dramatically since my residency in the 1980's. Women now comprise approximately 17% of the residency force, and the need for mentoring may be more important for these candidate members than in the past. We need more female academicians to attract qualified medical students to enter the profession and improve their training. We must increase our involvement in the political arms of the AUA and its various sections by women who are motivated to address issues of equal opportunity and advancement as well as gender diversity constructively "from within" the system. This approach has worked well for our ENT colleagues belonging to the American Academy of Otolaryngology, Head and Neck Surgeons. Their first woman president was elected in 2003, and currently a woman holds the vice president position. So, my question is this: "Who wants to be the first female president of the AUA and what can we do to help her achieve this goal?"

Mentoring knows no gender: we must continue to take advantage of the guidance of men who have helped many of us achieve our goals and have been supportive of our efforts. We also must work with these colleagues to identify programs where residents are treated equally regardless of gender. As a society, we are requesting assistance with this from the Society of University Chairpersons and Program Directors (SUCPD). If program directors are informed of the services we provide for our resident members, they may be interested in supporting this mission in a cooperative fashion. We have had a tradition of strong academic representation on the SWIU Board of Directors and will continue to use this resource to advocate for our trainee members.

See **PRESIDENT'S MESSAGE** cont. on page 2

SWIU EVENTS AT THE AUA *CME credit offered

- ❖ Annual Breakfast Meeting*: Sunday, May 21, 2006
- ❖ NEW THIS YEAR!! Women Caring for Women Panel Discussion*: Tuesday, May 23, 2006
- ❖ Annual Networking Reception: Tuesday, May 23, 2006

Program Agenda and Registration Enclosed!

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The first recipients of the Christine Manthos mentoring award were her male professors, Drs. David McLeod and Craig Donatucci. We are proud to honor another professor and mentor to many SWIU members at this year's networking reception, Dr. Robert Flanigan. He will receive the Christine Manthos award for his nurturance of female residents as well as his efforts to promote a woman as chair of the Department of Urology at Loyola.

At the annual breakfast meeting, Dr. James Bennett will receive the Men's Health Award. Not only is he an outstanding surgeon and men's health advocate, he is a tremendous supporter of women urologists in the private sector. His practice has thrived in Atlanta with the addition of his partner, Dr. Jenelle Foote. Their success derives from mutual respect and structuring their practice so that each is allowed to pursue his or her own interests in research, teaching, and the clinical practice of urology. Dr. Foote believes his mentoring efforts have enabled her to become a better mentor for other women.

The Association of Women Surgeons has been supportive of SWIU since its inception, and I believe we can learn from our colleagues who face similar issues. Our featured speaker at the annual breakfast meeting will address the issue of working and thriving in a male-dominated specialty. Dr. Julie Freischlag, Professor and Chair, Department of Surgery, Johns Hopkins University School of Medicine will deliver her address "Bloom Where You are Planted". Her CV, available via a link on the SWIU website, details her considerable achievements both in leadership and in research. She will discuss the course of her career which has involved activities spanning all aspects of academic surgery, including education, research, operative methodology and board certification. Dr. Freischlag will also share her ideas on leadership strategies when attempting to effect change within an organization.

The strengthening of the alliance between SWIU and the AUA has increased the responsibilities of the society, and SWIU's ever more ambitious plans to serve an expanding and more diverse membership have required the Board of Directors to correspondingly expand our roles and apply creative solutions to fiscal challenges of our organization. As a consequence, we have established a new award to be presented at the annual breakfast to recognize excellence in urologic research; we have made significant changes to the bylaws and brought to the fore key business issues for consideration by the membership; and we have instituted a CME-accredited course prior to the networking session dealing with the treatment of incontinence.

As my presidency comes to a close, I want to express my sincere gratitude to the members of the Board of Directors, past presidents and our executive director for taking on the challenges of this new era of SWIU. Please join us for what we feel will be an informative and enjoyable AUA meeting.

It has been a pleasure and an honor serving as your president.

Sincerely,
Brenda S. Kinard, MD ◆

Maternity and the Woman Urologist: a Personal Perspective

Harriette Scarpero, MD

I will never forget sitting in my grandmother's living room watching the national evening news with her in 1997 as the anchors reported on Arnold Palmer's return to the golf course six weeks after prostatectomy. It was my grandmother's observation that made the event memorable for me. She remarked, "It's national news when a man returns to a game 6 weeks after surgery, but a woman can have dinner on the table 3 days after a hysterectomy and no one gives her any recognition." How true. A similar attitude exists about working women who give birth. Very few people understand what a triumph it is for a mother to get her life, her family's life and that of her newborn baby into order sufficiently for her to return to a full time job. In addition to the physical recovery from childbirth, she must prepare the newborn for spending 8 hours (12 or more in the case of surgeon mommies) away from her greatest source of comfort and often, primary food source, arrange safe and reliable daycare, and just figure out how she will add this demanding new role into an already overcommitted schedule. Getting all this done and coping with the emotions associated with leaving your baby can't be done in 4 weeks or 6 weeks for most women. Yet, working

women in all fields deal with these issues, and female coworkers and bosses may not be any more sympathetic than male counterparts. All working women who choose to have a child will have to make some tough decisions, compromises, and face scrutiny or in some cases, hostility.

I believe that the root of the problem is that women have changed their role in the home, in the workplace, and in American society in general. However, society has not kept pace with us. It has not changed enough to make it possible to achieve everything we can and must without significant personal sacrifice not required by men to achieve the same. Additionally, women have proven their ability and worth in the workplace but don't seem to have enough faith in themselves to ask for what they have earned. For instance, in a Barbara Walters interview with Donald Trump's right hand woman, Carolyn Kepcher, she admitted that with her first pregnancy she only took 3 weeks maternity leave. My thoughts on hearing that were "Sure, you are tough because you came back to work so soon, but a woman's physical toughness has never been in question. After all, even today, somewhere in the world, there are women giving birth in fields while working. The really tough thing for the modern or western woman to do is to believe in her own worth and to expect, and demand when necessary, a fair maternity leave." For those of you who have ever delivered or adopted a new baby, you understand that there is so much more to maternity leave than just recovering from the event. Bonding with your new baby is just as important as developing as much of a routine as possible and getting adjusted to a new way of life.

As a urologist in academic practice, I was asked by my department to write a maternity plan before delivery. In this document, I recorded the amount of time I planned to take off, but I also included a statement of my own design stating that unforeseen complications affecting either myself or my baby could require extension of this time, so that I would be covered for an unforeseen occurrence. Such a surprise came in the form of premature rupture of membranes, hospitalization for 10 days on steroids, IV antibiotics and strict bedrest, and then induction of a premature infant. I was glad that I had included that "hedge statement" that allowed me to extend my leave to 12 weeks from my original plan of only 8 weeks.

From the standpoint of the woman already in private or academic practice, her concerns have to do with loss of revenue or patient base, discontent of her partners, or interruption of ongoing research. Important things for the academic to consider are her department's maternity policy, call policy (Must missed call be made up?), who will cover her patients/research while she is out, and how long can she be paid while on leave.

The Family Medical Leave Act (FMLA) is a federal job secured leave policy that allows anyone to take 12 weeks to cover family medical needs. Women who worked for a FMLA-protected employer (employers must employ at least 50 people) for one year can invoke FMLA for a total of 12 weeks, but her employer is not obligated to pay her for that entire time. Although FMLA is a federal mandate, the pay during that time is state-regulated. Minimum payment times are usually 6-8 weeks depending on the short term disability plan of the employer. Women should contact their Human Resources department for specific information about their own employer's policy.

For the private urologist, while she is away, she will, in many cases, still be expected to pay overhead at the same rate, although she is using no resources during that time. Some women feel financially pressed to return quickly for this reason. She may want to know if her practice will allow her to bring the baby and a caregiver to the office with her for a time. "Overhead insurance" is another option to consider. Many of these policies will cover overhead costs in the event that the policy holder has a disability that prevents her from working. Maternity is actually considered a form of "other disability" in insurance parlance, and in most cases must be covered. Women should discuss this option with their disability insurance agent. Such insurance coverage may be very helpful for the woman who might end up on bedrest, with a C-section instead of a vaginal delivery, or any other medical complication related to delivery. Despite our best efforts to be prepared and to avoid undue pressure on colleagues while we are out, we still have no security from colleagues and partners who are not supportive.

Concerns for the woman urologist in training are different still. Last year, the SWIU newsletter published a letter from a woman urology resident who relayed the negative treatment she received as a result of having a baby in residency. Pregnancy in training can certainly be difficult. It is a strain on the trainee and her fellow residents. However, I do not believe that a woman should feel that she needs her department's permission to conceive. Unfortunately, I also believe that it will be a long time before the news of pregnancy in a female resident will be received without some reservation that it will negatively impact that resident's and her colleagues' education and academic productivity. Attitudes toward childbearing in residency will only change as more women enter residency training, which is happening every year.

Personally, I chose not to have a baby in residency. I didn't feel that I could do both as well as I wanted at the same time. Also, I felt as if my life was not my own. I belonged to my program. I knew where I would be every day for 6 years. I never took a sick day in that time. All my personal needs (doctor appointments, etc.) were made during my

See MATERNITY cont. on page 3

vacation weeks - that was expected and understood. There wasn't much time for me outside of work or my family. How could a child fit into that lifestyle? Not everyone feels the same as I, and now that the 80-hour work week is enforced, maybe residents don't feel "owned". Maybe more women will choose to have children in training. Our male colleagues will continue to reproduce at whatever rate they want as they always have because they aren't subject to the risks that women are. Collectively, all women, even those who are not mothers, need to support other women and men in their plans for having a family because it is the right thing for them, for their babies, and ultimately for society. Delaying childbearing until after residency may not be an option for all women for a variety of reasons. These women should not be penalized for that decision. Although most medical schools have a maternity policy, few are probably written specifically with the surgeon in mind. It is wise for every urology program to have an open and well-understood policy created by the men and women on faculty.

No matter what, enjoy your pregnancy, the birth, and the beautiful new baby. Plan ahead as much as you can to avoid workplace stressors that could hamper your joy while on maternity leave. Demonstrate to all how tough you are by taking as much time as you can afford because you have earned it. ♦

Book Review:

Walking Out on the Boys by

Frances K. Conley, MD.

Farrar, Straus and Giroux, 1998—

Judy Fried Siegel, MD

One evening, after finishing in the OR at my local community hospital, I went into the gift shop to buy some gum from the senior lady volunteers in pink. There, on the used book rack, staring me in the eye was *Walking Out on the Boys*, as if placed there by a guardian angel. I bought the book, devoured the first half in one day, set it down for 6 weeks and finished it off in one night.

I had avidly followed the Frances Conley story in 1991-1992. At that time, I was a PGY3, a first-year urology resident. I was sleep deprived, full of self-doubt, stressed out, and trying to make a place for myself as the only woman MD in the GU department. At the same time, Frances Conley was a tenured professor of Neurosurgery at Stanford University with her own NIH-funded research lab, when she abruptly resigned for issues of gender discrimination and sexism. This was big news, big enough to make it on my radar screen. Dr. Conley was featured in the nightly news, *People Magazine* and the *NY Times*. Flash forward to December 2004. Here, at last, was her memoir.

Frances Conley was a Stanford University medical student when she walked in on a tryst between the Chairman of Neurosurgery and his secretary at lunch and was rapidly promised a residency position. After training, she joined the department and thrived. This remarkable achiever developed a successful research lab in immunology, won the first woman's Bay to Breakers running race, chaired the Medical Faculty Senate, received an MBA during a sabbatical in the 1980s, and maintained a stable marriage. In her memoir, Dr. Conley earnestly discusses such topics as the inequality of using the nurses' locker room, not the doctors'; the physicality of the OR; groping; dirty jokes and innuendos at doctor dinners; and other subtle examples of sexual harassment. She remembers presenting her first paper at a neurosurgery conference when an eminent neurosurgeon mistakenly assumed she was an immunologist not a fellow neurosurgeon. "I experienced a ... profound loneliness. It was my first conscious realization that role stereotyping is the most powerful force affecting the career of a woman surgeon." Dr. Conley discusses the fact that she and her husband Phil decided not to have children because "it never seemed to fit into our lives..." and instead 'adopted' students from the university. She details coping strategies - "distance running had become a social, as well as a psychological and physical outlet for ... [my husband and me]." In the second half of the book, Dr. Conley reviews the specifics of her resignation: the academic manipulations of the dean to co-opt her research lab space and promote another, lesser qualified, male to position of chairman, etc. In the end, Dr. Conley withdraws her resignation and decides to work within the system to better the position of women at Stanford. The dean steps down. The lesser qualified surgeon is not made chair.

Of particular interest to SWIU, urology is mentioned in *Walking Out on the Boys*: *Dr. Thomas Stamey, chair of the Department of Urology, was relieved of his executive position by President Casper in November 1994. This settled a grievance brought by a female staff member alleging sexual harassment. Financial sanctions were also levied against the professor. Publicly he denied the charges. Close associates told me he had exposed himself to a few women, but had done so in a 'teaching' context and never intended any harm or harassment by his actions.*

With so many things on our plate, should one take the precious time to read this book? The answer to this question is ultimately a personal choice. I found a sense of sisterliness in Frances Conley's memoir that I often miss in my daily work where I am still one of the few women surgeons around. It was a good read. ♦

Society of Women in Urology



2005 - 2006

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FOUNDED IN 1980

Resident's Corner

Melissa Kaufman, MD, PhD

"For what is done or learned by one class of women becomes, by virtue of their common womanhood, the property of all women." Elizabeth Blackwell (1821 – 1910)

A testament to true courage and conviction, in 1849 Elizabeth Blackwell became the first woman to graduate from medical school in the United States. As you might suspect for a woman of such fortitude, she graduated first in her class. We would not be able to pursue our dreams in medicine without Dr. Blackwell's example: her vision, insight, and spirit allowed her to triumph over extraordinary obstacles. Interestingly, until she was sidelined by an infection that left her blind in one eye, Dr. Blackwell had aspirations of becoming a surgeon. Surgical training in that era was a true apprenticeship. Although transformed by a century of innovation, this basis of training in urologic surgery remains immutable. We rely on the mentoring of those who have a passion for teaching and sharing their skills with us, the resident apprentices, the next generation of urologists. With thoughts of Dr. Blackwell's journey, the legacy our female predecessors in urology have to impart becomes more profound. How do we tap into this remarkable resource and perpetuate their daring? First we must recognize and embrace our distinctive role in urology. We have invested so much energy into assimilating with our male colleagues that we have often lost sight of one of our most valuable commodities...being a woman. The strengths and fellowship that this provides has been discounted as exclusionary by many, and I myself have been guilty of such accusations, possibly as a consequence of some of the "survival skills" surgical training imparts. But as a woman in urology you are often unique in your position, and the concomitant special attention is inevitable. So why not embrace your status and take advantage of the opportunities this affords? We must also be confident and resilient to speak up for women who may be encountering gender-specific difficulties in their training programs. We have an obligation to provide support and information to our colleagues facing such taxing challenges that compound the demands of residency training. Even if you don't identify with these ideals, the SWIU can be an important professional resource for your career. What may begin as a simple social visit at breakfast may evolve into the perfect fellowship position or a partnership in your dream practice. And just perhaps, you will be lead down a path you have yet to envision.

Take the first step down that passage by attending the SWIU breakfast at the AUA annual meeting. The SWIU evening reception on Tuesday will afford abundant opportunity to network with women from a myriad of practice types. Surf the SWIU website to learn about the society's resources, apply for research and travel grants, and obtain a copy of the SWIU mentoring manual if one has not been provided for you. And please let us know what issues are important to you that we can address. This is your society, representing your interests, and protecting your vital role as not just a urologist, but as a professional woman - and as a legacy of Dr. Blackwell. ♦

Job Opportunities

- ❖ Progressive urology practice wishes to expand in 2007. We are a five-person group located in one of the fastest growing areas in the country; pristine Southwest Florida. Collegial atmosphere with our own pathology lab, CT scanner and ambulatory surgery center. Extremely competitive compensation package with fast track to partnership. Interviews will be setup at AUA, Atlanta. Email CV to larrym@pci2.net.
- ❖ Solo female urologist in suburban DC / Baltimore area seeking BC/BE urologist to join practice. Candidate with experience in GU oncology, laparoscopy, and minimal invasive urologic procedures preferred but not necessary. Early partnership opportunity, competitive salary. Fax/e-mail CV to (301) 662-4200, rviola@fmh.org.
- ❖ Needed- Urologist needed full or part time to join Women's Health Specialty Care. We are a group of 2 female urologists that are associated with greater than 140 Ob/Gyns across Connecticut. Our practice focuses on female urologic issues. For more information please contact us at (860)678-7300 or (860)-678-0365. Jill M. Peters-Gee, MD and Adine F. Regan, MD.
- ❖ Urologist position available in St. Petersburg, Florida: BE/BC; guaranteed 1st year salary and other benefits; oncology experience desired. Fax CV to 727-825-1230 or email: teresa.bradley@baycare.org. ♦

SWIU Launches CME Program at AUA

To better serve our members and broaden our mentoring and educational missions, SWIU will be sponsoring its first-ever (and hopefully ANNUAL) CME symposium preceding the Networking Reception. This year's topic, stress incontinence, is quite relevant to our day-to-day practices, and the format offers the opportunity for informal interaction and the discussion of difficult cases. Please plan to take advantage of the educational opportunity presented by some of our most experienced and respected colleagues. ♦

Women Caring for Women: Current Management of Stress Urinary Incontinence - A Panel Discussion

Society of Women in Urology

Tuesday, May 23, 2006

4:30 – 5:30 p.m.

**Followed by the Annual Society of Women in Urology
Networking Reception and Award Presentations.**

This year the Society of Women in Urology is excited to announce the addition of an educational conference entitled "Women Caring for Women: Current Management of Stress Urinary Incontinence" that will precede the annual networking reception. This one-hour conference will draw on the expertise of our own members and their experiences in treating stress urinary incontinence. The session will be moderated by Drs. Elizabeth Mueller and Harriette Scarpero and the panelists include Drs. Elizabeth Bozeman, Tracy Cannon-Smith, Jenelle Foote, E. Anne Gormley and O. Lenaine Westney MD. There will be a 20 minute review of conservative and surgical management of stress incontinence and then we will present real clinical scenarios to our expert panel composed of women urologists in private and academic practices.

Please come join us and learn from the experts. We will follow this interesting discussion with our most popular event: The SWIU Networking Reception. The reception includes presentation of the Elisabeth Pickett Research Award, the SWIU Travel Award, and the Christina Manthos Mentoring Award. Please make plans to join us - write it down on your calendar today! ♦

Special Thanks

Dr. Nina Davis, editor of the SWIU News, has consistently produced a newsletter of outstanding quality and content that has motivated and enlightened our members for many years. This year she gave me the opportunity to unify the message of each newsletter so that issues of importance could be discussed. Her articles on hurricane Katrina and the obesity epidemic were well researched and beautifully written. Nina has the ability to edit articles so that the subject is clarified and the message is delivered in a distinct manner. If our newsletters have prompted some contemplation, discussion and action from our readers we have accomplished our mission. As she completes this tenure as editor, I want to extend my thanks and appreciation for a job well done.

Brenda S. Kinard, MD ♦

About the SWIU

2006 Keynote Speaker _____

Julie Freischlag, MD

The Johns Hopkins University School of Medicine
Department of Surgery

Julie Freischlag, MD is the William Stewart Halsted Professor and Director of the Department of Surgery at the Johns Hopkins School of Medicine and surgeon in chief of The Johns Hopkins Hospital. Freischlag is a graduate of the University of Illinois and received her medical degree from Rush University in Chicago. She completed a surgical residency and fellowship at the UCLA Medical Center. Before coming to Johns Hopkins in 2003, she held faculty appointments at the University of California, San Diego, UCLA, and the Medical College of Wisconsin in Milwaukee.



A prolific researcher who has published more than 100 original articles and 27 book chapters, most on the surgical repair of the carotid (neck) artery and abdominal aortic aneurysms, she has also received outstanding teacher awards at every institution where she has served as a faculty member. Her research interests lie in the effects of smoking on blood vessels' inner lining, the endothelium, resulting in hardening of the arteries (atherosclerosis). She is also looking at the reasons for failure in dialysis access sites and evaluating a new laser that can identify types of atherosclerosis in the carotid arteries. Freischlag is the national co-principal investigator of a Veterans Administration Cooperative Trial on endovascular treatment of abdominal aortic aneurysms.

Her national leadership in academic societies includes serving as the past director of the American Board of Surgery, past president of the Association of Veterans Administration Surgeons, and member of the executive committee of the American College of Surgeons. She presently sits on the editorial boards of six major surgery journals and is guest editor of the Journal of Vascular Surgery and the Annals of Surgery. ♦



Society of Women in Urology Program Schedule

Join SWIU in Atlanta for the Annual Breakfast Meeting, Women Caring for Women Panel Discussion and the Annual Networking Reception!

Annual Breakfast Meeting

Sunday, May 21, 2006

6:30a.m. – 8:30a.m.

**Georgia World Congress Center, B211
Atlanta, Georgia**

6:30 a.m. AUA Update
We are honored to have AUA President-Elect,
Dr. Lawrence Ross, provide SWIU with an AUA update

6:40 a.m. Breakfast

6:50 a.m. Welcoming Remarks
Brenda S. Kinard MD, President, SWIU

7:00 a.m. "Bloom Where you are Planted"
Keynote Speaker: Julie Freischlag, MD,
Johns Hopkins University, School of Medicine

8:00 a.m. Men's Health Award for Outstanding Community Service
Recipient:

James Bennett, MD
Presented by Janice Lee Arnold, MD

SBUR/SWIU Award Recipient:
Natasha Kyprianou, MD, PhD
Presented by Margot Damaser, PhD

NAFC Award
Presented by Nancy Muller

IC Advocate of the Year Award

8:30 a.m. Annual Business Meeting and Networking ♦

(program schedule continued on page 6)

**SWIU would like to thank the following industry partners for
their support of the SWIU 2006 Annual Meeting:**

**ASTELLAS PHARMA, US
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NEW THIS YEAR!!

Women Caring for Women

Current Management of Stress Urinary Incontinence:

A Panel Discussion

Tuesday, May 23, 2006

4:30 p.m. – 5:30 p.m.

Georgia World Congress Center, B310

Atlanta, Georgia

Moderators:

Elizabeth R. Mueller, MD

*Instructor, Departments of Urology and OB/Gynecology
Division of Female Pelvic Medicine and Reconstructive Surgery
Loyola University Medical Center
Chicago, IL*

Harriette M. Scarpero, MD

*Assistant Professor, Department of Urologic Surgery
Vanderbilt University Medical Center
Nashville, TN*

Panelists:

Elizabeth W. Bozeman, MD

*Chairman, Continence Center
Urology Center of Spartanburg
Spartanburg, SC*

Tracy Cannon-Smith, MD

*Diplomat, American Board of Urology
Urology Associates of North Texas
Grapevine, TX*

Harriette M. Scarpero, MD

*Assistant Professor, Department of Urologic Surgery
Vanderbilt University Medical Center
Nashville, TN*

Annual Networking Reception

Tuesday, May 23, 2006

5:30 p.m. – 7:30 p.m.

Georgia World Congress Center, B311

Atlanta, Georgia

Information is power! The annual SWIU Networking Reception affords the opportunity to interact with colleagues, friends, and female urologists from around the world. Please join us for a bite and great conversation with your peers.

Resident Travel Award Recipient: Nivedita Dhar, MD

Presented by Cathy K. Naughton, MD

Elisabeth Pickett Award Recipient: Kathleen Kieran, MD

Presented by Cathy K. Naughton, MD

Chrisina Manthos Mentor Award Recipient: Robert Flanigan, MD

Presented by Tracy Cannon-Smith, MD ◆

Annual Breakfast Meeting

Educational Needs and Objectives:

- To discuss the many changes in GME and their impact on faculty.
- To challenge faculty members with actions they might adopt in educating residents.

Women Caring for Women Panel Discussion

Overview: This one hour session is designed to review in brief the conservative and surgical management of stress urinary incontinence. Conservative treatments such as physical therapy and the use of vaginal pessaries will be discussed along with the surgical procedures of retropubic suspension and sling procedures. The panelists will be presented "real-life" cases that we all see in our practice. Cases discussions will include common clinical scenarios.

Educational Objectives: After attending this session, the participants should be able to:

- State the conservative treatments for stress urinary incontinence
- List the surgical treatments for stress urinary incontinence
- Discuss the approach to women with mixed urinary incontinence
- Debate the choices for surgical treatment of stress incontinence at the time of pelvic organ prolapse

Accreditation Statement: The American Urological Association Education and Research, Inc., is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The American Urological Association Education and Research, Inc., takes responsibility for the content, quality, and scientific integrity of this CME activity.

Sponsorship: This continuing medical education activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) and is sponsored by the American Urological Association Education and Research, Inc.

Annual Breakfast Meeting Credit Designation: The American Urological Association designates this educational activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim credit commensurate with the extent of their participation in the activity.

Women Caring for Women Panel Discussion Credit Designation: The American Urological Association designates this educational activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim credit commensurate with the extent of their participation in the activity.

AUAER Disclosure Policy: As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME), the American Urological Association Education and Research, Inc., must insure balance, independence, objectivity and scientific rigor in all its activities.

All faculty participating in an educational activity provided by the American Urological Association Education and Research, Inc., are required to disclose to the audience any relevant financial relationships with any commercial interest to the provider. The intent of this disclosure is not to prevent faculty with relevant financial relationships from serving as faculty, but rather to provide members of the audience with information on which they can make their own judgments. The American Urological Association Education and Research, Inc. must resolve any conflicts of interest prior to the commencement of the educational activity. It remains for the audience to determine if the faculty's relationships may influence the educational content with regard to exposition or conclusion. When unlabeled or unapproved uses are discussed, these are also indicated.

Unlabeled or Unapproved Use of Drugs or Devices: It is the policy of the American Urological Association Education and Research, Inc. to require the disclosure of all references to unlabeled or unapproved uses or drugs or devices prior to the presentation of educational content. Please consult the prescribing information for full disclosure of approved uses.

The audience is advised that this continuing medical education activity may contain reference(s) to unlabeled or unapproved uses of drugs or devices. Please consult the prescribing information for full disclosure of approved uses.

Evidence Based Content: As a provider of continuing medical education accredited by the ACCME, it is the policy of the American Urological Association Education and Research, Inc. to review and certify that the content contained in this CME activity is valid, fair, balanced, scientifically rigorous, and free of commercial bias.

Special Assistance: We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Call 847-517-7225 if you require special assistance to fully participate in the meeting.



Society of Women in Urology
Annual Meeting Registration Form
Please pre-register by May 12, 2006!

Please print clearly

Name: _____

Spouse/Guest: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____ E-mail: _____

Please indicate which event(s) you will be attending:

SWIU Breakfast Meeting Self Guest

Women Caring for Women Panel Discussion Self Guest

SWIU Networking Reception Self Guest

Mail or Fax this form to the SWIU office by May 12, 2006:

Society of Women in Urology
1111 N. Plaza Drive, Suite 550
Schaumburg, IL 60173-4950
Phone: (847) 517-7225
Fax: (847) 517-7229
E-mail: swiu@wjweiser.com
Website: www.swiu.org

Save the Dates! —

SWIU 2006 Annual Breakfast Meeting

Sunday, May 21, 2006

6:45 a.m. – 9:30 p.m.

Georgia World Congress Center, B211

NEW THIS YEAR!!

Women Caring for Women

Current Management of Stress Urinary Incontinence:

A Panel Discussion

Tuesday, May 23, 2006

4:30 p.m. – 5:30 p.m.

Georgia World Congress Center, B310

SWIU Annual Networking Reception

Tuesday, May 23, 2006

5:30 p.m. – 7:30 p.m.

Georgia World Congress Center, B311 ♦

Address Corrections Requested —

Please notify the SWIU of any changes in your contact information, including change of address, phone or fax numbers, and email address. This information is only disseminated to the membership and is used for networking, one of our primary missions.

Thank you. ♦

Call for SWIU News Contributions —

If you have an idea for a column, wish to contribute to the newsletter, or have comments about the newsletter, please contact Dr. Nina Davis or Dr. Gloria Massey. We are particularly interested in information regarding job prospects, as well as individual achievements, both personal and professional.



Gloria Massey, M.D. and
Nina Davis, M.D., *Co-Editors, SWIU News*
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Schaumburg, IL 60173-4950

Program and Registration Enclosed!