President’s Message

Jennifer L. Dodson, MD, PhD

I want to encourage all of you to attend the upcoming 3rd Annual Society of Women in Urology Winter Meeting: Professional Development and Clinical Mentoring, which will take place from Friday, January 24, to Sunday, January 26, 2014 in Scottsdale, Arizona. Our mission in the Society of Women in Urology is to promote women as urologists, and this goal encompasses women at all stages of their careers. This includes the medical student who is excited to pursue urology after an inspiring clinical rotation, the resident learning urology skills, the faculty member in academia balancing clinical, research and administrative roles, and women in private practice managing the challenging business and clinical aspects of medicine. Also, I would like to give special recognition to the women who have advanced in their careers with a wealth of experience in life and urology. There is a place in SWIU for all of these women.

Mentorship is a particular strength of SWIU, and we now have formalized that goal with the annual SWIU Winter Meeting on Professional Development and Clinical Mentoring. We can be mentors and mentees at all stages of our careers, and provide this support and encouragement to each other. This mentoring can occur in the sphere of our work as urologists, and also in the realm of the many other roles and responsibilities we have as women: daughters, sisters, mothers, wives and creative people. I believe that these other roles are complementary to our roles as physicians and should be honored. I am personally very grateful for the wonderful fellowship and teaching by example that I have experienced being part of SWIU.

Opportunities for mentorship abound for the members of SWIU. In addition to the Winter Meeting in January, these include the popular SWIU “Pocket Mentor” manual for urology residents and the online resources available at www.swiu.org. Annual SWIU awards include the Elisabeth Pickett Research Award for residents and fellows, the Christina Manthos Mentoring Award, the SWIU/SBUR Award for Excellence in Urologic Research and Winter Meeting Travel Awards. SWIU activities at the annual AUA meeting include the Breakfast Meeting and keynote speaker, the Women Leaders in Urology Forum and the Networking Reception.

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The upcoming 2014 Winter Meeting will include ample opportunities to network and learn from each other, with content that will be valuable for all SWIU members. There will be interactive panel discussions related to mentorship, including a practice panel discussion on different career pathways in urology, a session on managing finances of a practice and perspectives of women executives in the medical industry. The meeting will include educational sessions on voiding dysfunction across the lifespan and will cover implications of BPH with a talk by Dr. Janice Arnold, a recurrent UTI panel led by Dr. Courtenay Moore and refractory OAB presented by Dr. Elizabeth Williams, culminating in a hands-on sacral neuromodulation lab taught by experts in the field. The meeting continues with a discussion on prostate cancer management led by Dr. Martha Terris and an update on hormone refractory prostate cancer by medical oncologist Dr. Alicia Morgans. I would like to reach out to my colleagues in pediatric urology and encourage them to attend the upcoming Winter Meeting as there will be multiple challenges in prostate cancer management and hormone refractory OAB in women. The sacral neuromodulation lab will allow members to attend the upcoming Winter Meeting as there will be multiple

Save the Date:
SWIU 3rd Annual Winter Meeting
Leslie M. Rickey, MD

It is with great enthusiasm that I announce the upcoming SWIU 3rd Annual Winter Meeting for Professional Development and Clinical Mentoring. We are pleased to bring you a program with an exclusive female faculty to deliver didactics, panel discussions and hands-on sessions, focusing on the areas of voiding dysfunction, prostate cancer management and financial aspects of running a practice.

That being said, this professional development and mentoring conference is a collaborative effort with you, as a SWIU member, a vital component of the experience. While we provide relevant topics and outstanding speakers that we hope enhance your knowledge, technical skills and care for your patients, equally important is the sense of community and active exchange of ideas and personal experiences that occur in this unique setting. We look forward to your input and participation in this year's forum.

The voiding dysfunction session covers a wide range of topics, including the challenging issue of pediatric neurogenic patients that are transitioning to adult care, the current landscape in BPH treatment, recurrent UTIs and refractory OAB in women. The sacral neuromodulation lab will allow members of all skill levels to interact with experts and come away with practical tips for lead placement, troubleshooting and programming. Of course, the small groups facilitate networking and also provide the opportunity to ask questions, discuss difficult patients and get one-on-one attention. A session on challenges in prostate cancer management and hormone refractory prostate cancer rounds out the clinical program.

We received so much positive feedback on the practice panel, both at the meeting and afterwards, that we decided to dedicate a breakout session focusing on managing the finances of a practice. So often, physicians just adopt the current routines at an office, whether private or academic, without any skill set to objectively evaluate those practices or knowledge of alternate approaches. This highly valuable practice session will address such topics as using CNPs/ PAs as MD extenders, streamlining education with group visits, limiting overhead costs and maximizing personal efficiency. Discussion of “best practices” from the audience and panel will also generate new ideas for members to take back and implement into their own office setting.

SWIU is thrilled to welcome Catherine R. DeVries, MD, FACS, FAAP, and professor of surgery/urology at the University of Utah as our keynote speaker this year at the Saturday night banquet. Dr. DeVries is a pediatric urologist and the founder and president of International Volunteers in Urology (now known as IVUmed), a group that facilitates urologic care and education to under-resourced countries. Dr. DeVries has been the recipient of numerous humanitarian honors and awards for her work, and we are privileged to have her speak at our annual meeting.

Our meeting concludes with Sunday Brunch with the Experts where many of the session leaders and panel members will be available to answer your additional questions while you indulge in the fabulous food. All of this will take place in the absolutely stunning setting of the Camelback Resort. Last year many attendees managed the hike up Camelback Mountain, enjoyed the unique desert gardens and found time to relax in the legendary spa.

Program, hotel and registration information is available at www.swiu.org. See you in Scottsdale!
### SWIU 3rd Annual Winter Meeting Program Schedule

**Professional Development and Clinical Mentoring**

Sessions will be held in the Sunshine Room unless otherwise noted. Speakers and times are subject to change.

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#### THURSDAY, JANUARY 23, 2014

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>1:00 p.m. – 6:00 p.m.</td>
<td>Board of Directors Meeting</td>
<td>Cottonwood</td>
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#### FRIDAY, JANUARY 24, 2014

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<tr>
<td>7:00 a.m. – 5:00 p.m.</td>
<td>Registration/Information Desk Open</td>
<td>Sunshine Patio</td>
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<tr>
<td>7:00 a.m. – 6:30 p.m.</td>
<td>Exhibit Hall Open</td>
<td>Cholla</td>
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<tr>
<td>7:00 a.m. – 8:00 a.m.</td>
<td>Breakfast</td>
<td>Cholla Foyer</td>
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#### Voiding Dysfunction Session

- **8:00 a.m. – 12:15 p.m.**
  - **8:00 a.m. – 8:45 a.m.**
    - Pediatrics
    - Stacy Tanaka, MD
  - **8:45 a.m. – 9:30 a.m.**
    - Transition Patients
    - Hadley M. Wood, MD
  - **9:30 a.m. – 10:15 a.m.**
    - BPH
    - Janice L. Arnold, MD
  - **10:15 a.m. – 10:30 a.m.**
    - Break
  - **10:30 a.m. – 11:30 a.m.**
    - Recurrent UTI Infection Panel
    - Moderator: Courtenay Moore, MD
    - Panel: Sarah E. Mc Achran, MD
    - Claire C. Yang, MD
  - **11:30 a.m. – 12:15 p.m.**
    - Refractory OAB
    - Elizabeth A. Williams, MD

#### Industry Sponsored Lunch

**12:15 p.m. – 1:30 p.m.**

**Location:** Peace Pipe

#### Concurrent Sessions

**1:30 p.m. – 5:00 p.m.**

Participants will have an opportunity to participate in both the Sacral Neuromodulation Lab and the Hands-On Session in 90-minute sessions.

**Sacral Neuromodulation Lab**

- **Location:** Ballroom C – E
- **Chair:** Elizabeth A. Williams, MD
- **Faculty:**
  - Melissa R. Kaufman, MD, PhD
  - Suzette E. Sutherland, MD
  - Jannah Thompson, MD

**Hands-On Session**

- **(BPH, onabotulinumtoxin A, PTNS)**
- **Location:** Town Hall

#### Break in Exhibit Hall

**3:00 p.m. – 3:30 p.m.**

**Location:** Cholla

#### Group A – Sacral Neuromodulation Lab

**3:30 p.m. – 5:00 p.m.**

**Location:** Cholla

#### Group B – Hand-On Session

**5:00 p.m. – 6:30 p.m.**

**Welcome Reception with Exhibitors**

**Location:** Cholla

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#### SATURDAY, JANUARY 25, 2014

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<td>7:00 a.m. – 2:00 p.m.</td>
<td>Exhibit Hall Open</td>
<td>Cholla</td>
</tr>
<tr>
<td>7:00 a.m. – 8:00 a.m.</td>
<td>Breakfast</td>
<td>Cholla Foyer</td>
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#### Challenges in Prostate Cancer Management

**8:00 a.m. – 9:00 a.m.**

Martha K. Terris, MD

#### Hormone Refractory Prostate Cancer

**9:00 a.m. – 9:45 a.m.**

Alicia Morgans, MD

#### Break in Exhibit Hall

**9:45 a.m. – 10:15 a.m.**

**Location:** Cholla

#### Perspectives of Women Executives in Medical Industry Panel Discussion

**10:15 a.m. – 11:00 a.m.**

Panel:
- Lee Sullivan
- Terri Wade

#### Practice Panel Discussion

**11:00 a.m. – 12:15 p.m.**

**Panel:**
- Tamara G. Bavendam, MD
- Elizabeth W. Bozeman, MD
- Joanna K. Chon, MD
- Una J. Lee, MD
- Suzette E. Sutherland, MD

#### Lunch

**12:15 p.m. – 1:30 p.m.**

**Location:** Cholla Foyer

#### BREAKOUT SESSION

Managing Finances of a Practice

**1:30 p.m. – 3:00 p.m.**

**Moderator:** Elizabeth A. Williams, MD

**Panel:**
- Teresa D. Beam, MD
- Jannah Thompson, MD

#### President’s Banquet

**7:00 p.m. – 10:00 p.m.**

**Location:** Peace Pipe

Catherine R. deVries, MD, FACS, FAAP

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#### SUNDAY, JANUARY 26, 2014

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<tr>
<th>Time</th>
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<td>Registration/Information Desk Open</td>
<td>Sunshine Patio</td>
</tr>
<tr>
<td>9:00 a.m. – 11:30 a.m.</td>
<td>Brunch with the Experts</td>
<td>Cholla</td>
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<tr>
<td>11:30 a.m.</td>
<td>Adjournment</td>
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The Elizabeth Pickett Research Award recognizes research achievements of trainees working in urologic research. It serves not only to commemorate the lifetime achievements of the first board certified female urologist in the United States, but also to highlight the contributions of these young trainees working in urologic research. The award is supported by a generous contribution by Dr. Pickett’s estate, as well as donations by friends and colleagues.

The award program provides support for a trained urologist (MD/DO), a urology resident/fellow or a post-doctoral basic scientist with a research interest in urologic related diseases and dysfunction for small research grants to pursue basic/translational/clinical research projects. The awards may be used to continue or supplement a current project or to initiate new study. Candidates must be a current member of SWIU. Applications and additional information regarding this program may be found at http://www.swiu.org/awards/research.aspx.

Winners are expected to attend the Annual Breakfast Meeting of SWIU at the AUA on Sunday, May 18, 2014, to present a brief summary of their work. They are also invited to the Women Leaders in Urology Forum and the Networking Reception on Monday, May 19, 2014. Applications for the Elisabeth Pickett Research Award have been received and the award recipient(s) will be announced at the reception. The winner(s) of this award is determined by the SWIU Research Committee and will be notified in April.

Dr. Pickett was the first female surgeon who completed a fellowship in urologic oncology at Memorial Sloan Kettering Hospital. She passed her general surgery boards in 1961 and became the first female board certified urologist in 1962. Despite the few women who followed her in those early years to become urologists, she pursued her career with vigor and enthusiasm. It is fitting that this award honors this outstanding urologist.

SWIU members are encouraged to nominate candidates for the annual Christina Manthos Mentoring Award. The award is designed to highlight the contributions of superb mentors who have played vital roles in the mentoring and career development of women working in urology. The SWIU website highlights the list of distinguished mentors in the urologic community who have been honored with this award to date. Among this group are mentors who have been influential as champions of women urologists and residents, who have provided academic, emotional and career support to fledgling urologists throughout their careers to ensure their success. SWIU established this annual award to recognize these men or women who demonstrate extraordinary mentoring skills in supporting the career of a female urologist. SWIU believes that a mentor is an important element in the life of each professional woman and want to encourage and reward those who set a good example.

This award honors Christina L. Manthos, an extraordinary young urologist whose life and career were sadly curtailed by breast cancer. Christina Manthos attended USUHS and received her medical doctoral degree in 1990. She was honored during her career with many awards. She received the Army Surgeon General’s Award and the Janet M. Glasgow Award from the American Medical Women’s Association. After undertaking her surgical internship at Fitzsimmons AMC, she was recognized as the Outstanding Intern of the Year. Christina then traveled to Korea where she served as a clinic commander. After completing her service in Korea, she returned to Fitzsimmons AMC where she completed her urology residency in 1996. From 1996 she served with distinction as the assistant chief of the urology service at the USAF Academy and Fort Carson. Sadly, she lost her battle with breast cancer in 1999. Christina is fondly remembered as a gifted urologic surgeon, dedicated officer and inspiring mentor.

The SWIU Board of Directors will present the Christina Manthos Award to the person who best exemplifies the mentoring traits that the award intends to encourage. Appropriate candidates for this award are men or women who have demonstrated extraordinary mentoring skills to female urologists. The applications are reviewed at the spring board meeting.

The Christina Manthos Award is presented at the SWIU Networking Reception to be held on Monday, May 19, 2014. SWIU also invites the nominators, and any guests of the winner to the reception. The winner is invited to the Annual Breakfast Meeting on Sunday, May 18, 2014, and the Women Leaders in Urology Forum on Monday, May 19, 2014, as well. Applications for the Christina Manthos Mentoring Award have been received and the winner will be notified in April. [E]
Past Elisabeth Pickett Research Awardee Highlight
Claire C. Yang, MD

The following is an update from Claire Yang, a SWIU Board Member and a past Elisabeth Pickett Research Award recipient:

I was one of four SWIU Elisabeth Pickett Research Award recipients in 1998, at a time when I was tentatively starting out in my academic pursuits. I had just finished a extended period of neurology fellowship and clinical neurophysiology training, and I was setting out to do research in a field (genitourinary electrophysiology) where my colleagues (urologists) and associates (neurologists) understood very little of what I was doing. I was pursuing work in an unconventional area where there were few experts and with little guidance.

My request to SWIU was to fund a small neurophysiology project related to sexual dysfunction. I had done some studies in women with multiple sclerosis, and was expanding that work. It was a very pleasant surprise when I was notified that I was a recipient of the award. Receiving it buoyed my hopes that work in this area of urological research was considered important by urologists and scientists other than myself, and to a new investigator, a little positive reinforcement can go a long way!

The neurophysiology work has continued since then, and with the help of a number of bright and enthusiastic fellows and residents, as well as an indispensible and multi-talented research nurse, I have expanded the scope of scientific studies in my lab. Starting with sexual neurophysiology, we developed techniques to assess the integrity of the somatic nerves and the pathways of sexual reflexes. A colleague expert in chronic prostatitis research encouraged me, initially against my better judgment, to pursue neurophysiologic studies in chronic pelvic pain. This has been an extremely fruitful and intellectually interesting area of study, particularly as it relates to autonomic nerve function in pelvic organs and the perpetuation of pain. As a result, this has led to developing measures of autonomic nerve function in genital organs, leading back to the study of sexual neurophysiology. Finally, with a recent NIH/NIDDK grant to participate in the Lower Urinary Tract Dysfunction Research Network (LURN), I hope to embark on electrophysiological studies on the bladder and urethra, to further define the reflexes that regulate human micturition.

Although receiving the Elisabeth Pickett Research Award was a proud moment for me, I was more proud when one of the research residents in my lab, Van Ginger, also received the award 10 years after I did. The theme of her research that year was female genital anatomy and neuroanatomy, and the award helped to fund her work with a pathology lab to conduct histological work from human tissue.

Most research careers start modestly, with pushes and nudges from various supporters and mentors to keep investigators on track to building a body of work. The Elisabeth Pickett Research Award is one of those things that helped to keep me encouraged and motivated to pursue my research, and I'm grateful for the support of the SWIU. Hopefully, I can continue the tradition of support for future women in urology.

Claire Yang, MD is professor of urology at the University of Washington, and chief of urology at Harborview Medical Center, Seattle, WA.

Past President Interview
Elizabeth T. Brown, MD, MPH and Allison Polland, MD

M’liss Hudson, MD, was president of SWIU in 2001. She initially joined SWIU in 1986 to befriend other women in urology. At the time, there were few women in urology and she thought it would be worthwhile to meet other women with similar clinical experiences. Over the past 30 years, Dr. Hudson has seen a definite transition with more women being readily accepted into urology residencies and fellowships.

Being involved in SWIU gave Dr. Hudson the chance to interact with the AUA in a positive way. In 1999, Dr. Hudson was asked to moderate a session on female urology. “In a way this was funny because I was trained as a urologic oncologist, not a female urologist, but I think it showed that those in power within the AUA were interested in trying to include more women in the program,” said Dr. Hudson. She was also asked to contribute possible plenary topics that year, and her suggestion of “cystectomy and continent diversions in women” made the program.

Dr. Hudson is now the Director of Urologic Research at Ochsner Clinic Foundation in New Orleans, Louisiana. She is currently working on two new clinical research studies: the ADAPT trial for metastatic renal cell cancer and the prognostic value of cell cycle proteins in African American men with prostate cancer. She has also fostered a new international relationship between the Urologic Research Institute at Ochsner and the researchers at the University of Queensland. Despite her busy career, she also enjoys the many things that New Orleans has to offer. Her favorite things about the unique city are the shopping, the beautiful streets and, of course, the fantastic food.

Dr. Hudson encourages all residents to make the most out of their training and says, “You can never have enough great experiences during this time.” She will be the first to tell you, “The variety in urology is great, whether it’s patients in the ER or the office—my day is never dull!”

Winter Meeting 2013 Photo Collage
Mark Your Calendars: SWIU at the AUA 2014

SUNDAY, MAY 18, 2014
6:30 a.m. – 9:30 a.m.  SWIU Annual Breakfast Meeting
Hyatt Regency Orlando

MONDAY, MAY 19, 2014
5:00 p.m. – 6:00 p.m.  Women Leaders in Urology Forum
Hyatt Regency Orlando

6:00 p.m. – 8:00 p.m.  SWIU Networking Reception
Hyatt Regency Orlando

Everyone is welcome! This is a great opportunity to meet with other urologists to discuss the issues in the field of urology. SWIU will announce the Christina Manthos Mentoring Award winner and you will also hear from the winners of the Elisabeth Pickett Research Award and the SWIU/SBUR Award for Excellence in Urological Research.

We look forward to these great events every year and hope to see you there. Please note that the Women Leaders in Urology Forum and the Networking Reception will again be held on Monday this year. We hope you can make it!