

The year '2006' is written in a large, black, serif font inside a white circle with a light blue border. The background of the entire page is a photograph of a fountain in front of a large, multi-story building with a 'LOK' sign.

**SWIU Annual Breakfast**

**6:30am - 9:00am**

**Sunday, May 21, 2006**

**Women Caring for Women**

**Current Management of Stress Urinary Incontinence: A Panel Discussion**

**4:30pm - 5:30pm**

**Tuesday, May 22, 2006**

**SWIU Networking Reception**

**5:30pm - 7:30pm**

**Tuesday, May 22, 2006**

# Welcome



**Brenda S Kinard, MD**  
2005-2006 SWIU  
President

The Society of Women in Urology Board of Directors welcome you to the 26<sup>th</sup> Annual Sunday breakfast meeting for women urologists and researchers, May 21<sup>st</sup>, 6:30-9:00AM, Georgia World Congress Center, B211. We are honored to have Dr Larry Ross, President –Elect of the AUA provide us with an update on the status of the AUA. We have chosen as our speaker Dr. Julie Freischlag, the William Stewart Halsted Professor and Chair, Department of Surgery, at the Johns Hopkins University School of Medicine. Her presentation, “Bloom Where You’re Planted”, will focus on her career in academia which has led to her position as one of only four women Surgery Department Chairs in the United States. Dr. Freischlag will discuss the course of her career to her present position and share her ideas on leadership strategies.

The annual business meeting with election of officers will be held after the lecture, along with the presentation of various awards. The SWIU Community Service Award in Men’s Health is awarded to a male or female urologist whose actions at work or in the community exceed job expectations and reflect values of compassion, respect, trust, commitment to excellence and teamwork, and the promotion of good health in men. The National Association for Continence and the Interstitial Cystitis Society each present advocate awards for members who have demonstrated excellence in treating these important urologic conditions.

This year the Board of Directors has established a new award to be presented at the annual breakfast to recognize excellence in urologic research; we have made significant changes to the bylaws and brought to the fore key business issues for consideration by the membership; and we have instituted a CME-accredited course prior to the networking session dealing with the treatment of incontinence.

We hope you enjoy the meeting and the opportunity to network with your colleagues.

Sincerely,  
Brenda S Kinard, MD  
2005-2006 SWIU President

# Society of Women in Urology, Inc.

## Board of Directors

### 2005-2006

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# About the SWIU 2006 Keynote Speaker

## **Julie Freischlag, MD**

The Johns Hopkins University School of Medicine  
Department of Surgery



Julie Freischlag, MD is the William Stewart Halsted Professor and Director of the Department of Surgery at the Johns Hopkins School of Medicine and surgeon in chief of The Johns Hopkins Hospital. Freischlag is a graduate of the University of Illinois and received her medical degree from Rush University in Chicago. She completed a surgical residency and fellowship at the UCLA Medical Center. Before coming to Johns Hopkins in 2003, she held faculty appointments at the University of California, San Diego, UCLA, and the Medical College of Wisconsin in Milwaukee.

A prolific researcher who has published more than 100 original articles and 27 book chapters, most on the surgical repair of the carotid (neck) artery and abdominal aortic aneurysms, she has also received outstanding teacher awards at every institution where she has served as a faculty member. Her research interests lie in the effects of smoking on blood vessels' inner lining, the endothelium, resulting in hardening of the arteries (atherosclerosis). She is also looking at the reasons for failure in dialysis access sites and evaluating a new laser that can identify types of atherosclerosis in the carotid arteries. Freischlag is the national co-principal investigator of a Veterans Administration Cooperative Trial on endovascular treatment of abdominal aortic aneurysms.

Her national leadership in academic societies includes serving as the past director of the American Board of Surgery, past president of the Association of Veterans Administration Surgeons, and member of the executive committee of the American College of Surgeons. She presently sits on the editorial boards of six major surgery journals and is guest editor of the Journal of Vascular Surgery and the Annals of Surgery.

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## **Society of Women in Urology**



## Program Schedule

Join SWIU in Atlanta for the Annual Breakfast Meeting, Women Caring for Women Panel Discussion and the Annual Networking Reception!

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### **Annual Breakfast Meeting**

**Sunday, May 21, 2006**

**6:30a.m. – 9:00a.m.**

**Georgia World Congress Center, B211  
Atlanta, Georgia**

6:30 a.m. AUA Update  
We are honored to have AUA  
President-Elect, Dr. Lawrence Ross,  
provide SWIU with an AUA update

6:40 a.m. Breakfast

6:50 a.m. Welcoming Remarks  
Brenda S. Kinard MD,  
President, SWIU

7:00 a.m. "Bloom Where You're Planted"  
Keynote Speaker: Julie Freischlag, MD,  
Johns Hopkins University,  
School of Medicine

8:00 a.m. Men's Health Award for Outstanding  
Community Service Recipient:  
James Bennett, MD  
*Presented by Janice Lee Arnold, MD*

SBUR/SWIU Award Recipient:  
Natasha Kyprianou, MD, PhD  
*Presented by Margot Damaser, PhD*

NAFC Award  
*Presented by Melissa Ross*

IC Advocate of the Year Award

8:30 a.m. Annual Business Meeting and  
Networking

Women Caring for Women  
Current Management of Stress Urinary Incontinence:  
A Panel Discussion  
Society of Women in Urology  
Tuesday, May 22, 2006  
4:30-5:30 p.m.

Preceding the Annual SWIU Networking Reception at 5:30 pm

**Moderators:**

**Elizabeth R. Mueller, MD**  
*Medical Director, Division of Female Pelvic  
Medicine and Reconstructive Surgery  
Departments of Urology and OB/Gyn  
Loyola University Medical Center  
Chicago, IL*

**Harriette M. Scarpero, MD**  
*Assistant Professor, Department of Urologic  
Surgery  
Vanderbilt University Medical Center  
Nashville, TN*

**Panelists:**

**Elizabeth W. Bozeman, MD**  
*Chairman, Continence Center  
Urology Center of Spartanburg  
Spartanburg, SC*

**Tracy Cannon-Smith, MD**  
*Diplomat, American Board of Urology  
Urology Associates of North Texas  
Grapevine, TX*

**Jenelle Foote, MD**  
*Diplomat, American Board of Urology  
Midtown Urology  
Atlanta, GA*

**E. Anne Gormley, MD**  
*Professor, Section of Urology  
Dartmouth-Hitchcock Medical Center  
Lebanon, NH*

**O. Lenaine Westney, MD**  
*Associate Professor Director of the Division  
of Urology  
University of Texas-Houston Health Sciences  
Center Houston, TX*

This one hour session is designed to review in brief the conservative and surgical management of stress urinary incontinence. Conservative treatments such as physical therapy and the use of vaginal pessaries will be discussed along with the surgical procedures of retropubic suspension and sling procedures. The panelists will be presented "real-life" cases that we all see in our practice. Cases discussions will include common clinical scenarios.

**Annual Networking Reception**

**Tuesday, May 23, 2006**

**5:30 p.m. – 7:30 p.m.**

**Georgia World Congress Center,  
B311  
Atlanta, Georgia**

Information is power! The annual SWIU Networking Reception affords the opportunity to interact with colleagues, friends, and female urologists from around the world. Please join us for a bite and great conversation with your peers.

**Resident Travel Award Recipient:**

**Nivedita Dhar, MD**

*Presented by Cathy K. Naughton, MD*

**Elisabeth Pickett Award Recipient:**

**Kathleen Kieran, MD**

*Presented by Cathy K. Naughton, MD*

**Chrisina Manthos Mentor Award**

**Recipient: Robert Flanigan, MD**

*Presented by Tracy Cannon-Smith, MD*

# **Annual Breakfast Meeting**

## **Educational Needs and Objectives:**

- To discuss the many changes in GME and their impact on faculty.
- To challenge faculty members with actions they might adopt in educating residents.

## **Women Caring for Women Panel Discussion**

**Overview:** This one hour session is designed to review in brief the conservative and surgical management of stress urinary incontinence. Conservative treatments such as physical therapy and the use of vaginal pessaries will be discussed along with the surgical procedures of retropubic suspension and sling procedures. The panelists will be presented "real-life" cases that we all see in our practice. Cases discussions will include common clinical scenarios.

**Educational Objectives:** After attending this session, the participants should be able to:

- State the conservative treatments for stress urinary incontinence
- List the surgical treatments for stress urinary incontinence
- Discuss the approach to women with mixed urinary incontinence
- Debate the choices for surgical treatment of stress incontinence at the time of pelvic organ prolapse

**Accreditation Statement:** The American Urological Association Education and Research, Inc., is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The American Urological Association Education and Research, Inc., takes responsibility for the content, quality, and scientific integrity of this CME activity.

**Sponsorship:** This continuing medical education activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) and is sponsored by the American Urological Association Education and Research, Inc.

**Annual Breakfast Meeting Credit Designation:** The American Urological Association designates this educational activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*. Physicians should claim credit commensurate with the extent of their participation in the activity.

**Women Caring for Women Panel Discussion Credit Designation:** The American Urological Association designates this educational activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*. Physicians should claim credit commensurate with the extent of their participation in the activity.

**AUAER Disclosure Policy:** As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME), the American Urological Association Education and Research, Inc., must insure balance, independence, objectivity and scientific rigor in all its activities.

All faculty participating in an educational activity provided by the American Urological Association Education and Research, Inc., are required to disclose to the audience any relevant financial relationships with any commercial interest to the provider. The intent of this disclosure is not to prevent faculty with relevant financial relationships from serving as faculty, but rather to provide members of the audience with information on which they can make their own judgments. The American Urological Association Education and Research, Inc. must resolve any conflicts of interest prior to the commencement of the educational activity. It remains for the audience to determine if the faculty's relationships may influence the educational content with regard to exposition or conclusion. When unlabeled or unapproved uses are discussed, these are also indicated.

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**Evidence Based Content:** As a provider of continuing medical education accredited by the ACCME, it is the policy of the American Urological Association Education and Research, Inc. to review and certify that the content contained in this CME activity is valid, fair, balanced, scientifically rigorous, and free of commercial bias.

**Special Assistance:** We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Call 847-517-7225 if you require special assistance to fully participate in the meeting.

## Thank You to Our SWIU Industry Partners

### **Platinum**

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# SWIU Awards

## **Christina Manthos Mentoring Award**

Christina Manthos was an extraordinary young urologist whose life and career were sadly curtailed by breast cancer. The SWIU, as a means of perpetuating the flame of her inspiration and honoring her memory, has established an annual award to recognize those men or women who demonstrate extraordinary mentoring skills in supporting the career of a female urologist. The SWIU believes that a mentor is an important element in the life of each professional woman and wants to encourage and reward those who set a good example.

The Christina Manthos Mentoring Award was founded to honor the memory of an esteemed colleague. Christina Lean Manthos earned her medical degree from USUHS in 1990, receiving the Army Surgeon General's Award and the Janet M. Glasgow award from the American Medical Women's Association. After a Surgical internship at Fitzsimmons AMC, where she won Outstanding Intern of the Year, she was sent to Korea to serve as a clinic commander. Subsequently, she returned to Fitzsimmons AMC, where she completed her urology residency in 1996. She then served with distinction as the assistant chief of the urology service at the USAF Academy and Fort Carson until she lost her battle with breast cancer in 1999. Christina will be fondly remembered as a gifted urologic surgeon, dedicated officer and inspiring mentor.

## **Society of Women in Urology Travel Award**

We are excited by the increased numbers of women that are choosing urology as their career and would like to encourage them to actively participate in SWIU activities, especially in the AUA annual meetings. With this in mind, we are proud to announce the "SWIU Travel Award" for our resident members. The award is designed to assist with the travel expenses of women residents presenting their research at the podium or poster sessions of the AUA annual meeting. This year one recipient will be selected and will receive an award amount of \$1,000.00. The winner is expected to attend the SWIU Sunday Breakfast Meeting and is required to present at the Networking Reception on Tuesday evening.

## **SWIU Community Service Award in Men's Health**

Nominees for the SWIU Community Service Award in Men's Health should be male or female urologists whose actions at work or in the community exceed job expectations and reflect values of compassion, respect, trust, commitment to excellence and teamwork, and the promotion of good health in men. The individual may have volunteered at local hospitals, clinics, churches, schools, places of employment, government facilities, athletic facilities, either to screen for disease or to educate the community about prostate cancer, benign prostate enlargement, male infertility, erectile dysfunction and other male disorders on a regular basis.

## **Elisabeth Pickett Research Award Program**

The Elisabeth Pickett Research Award Program makes funds available for small research grants for basic science or clinical urologic research. The awards may be used to continue or supplement a current project or to initiate a new study. Each candidate for the award must be a trained urologist (MD/DO), a urology resident/fellow, or a post-doctoral basic scientist with a research interest in urologic related diseases and dysfunction. Each candidate must also be a current member in good standing with SWIU.

## **SWIU/SBUR Award Joint SWIU/Society for Basic Urologic Research (SBUR) Award for Excellence in Urological Research**

SWIU and SBUR have a common interest in recognizing the accomplishments of female scientists with a distinguished track record of basic science urological research accomplishments. The award represents the collaborative efforts of these two societies toward their common goals. Appropriate candidates for this award are members of SBUR who hold an M.D., a Ph.D. or both and who have a distinguished track record of urological research. Nominations for this award are accepted by the SBUR ([www.sbur.org](http://www.sbur.org)), who will nominate two candidates for consideration by the Board of Directors of SWIU, who will make the final decision. The award winner receives a monetary award and one year free membership to Society of Women in Urology.

Visit the SWIU website at [www.swiu.org](http://www.swiu.org) for more information.

# SWIU Membership Information

## Member Benefits

If you have questions about applying for membership, the member benefits, or the categories of membership, please contact the SWIU at 847-517-7225 or e-mail us at [info@swiu.org](mailto:info@swiu.org).

### Meetings

The SWIU meets annually at a special breakfast held in conjunction with the opening of the national meeting of the American Urological Association (AUA). Offered at a different site each year, the meeting presents an unmatched opportunity for serious learning as well as networking through meeting new members and welcoming old friends. A guest speaker presents on a timely topic for women in medicine and includes scientific and research news, as well as business issues like marketing and managed care. You'll also enjoy relaxing at a location that has been selected for its beauty, comfort and amenities. A special meeting just for networking is also held one evening at the AUA meeting. It is an important opportunity to meet SWIU members at an informal gathering and to establish relationships that you will value throughout the year.

### Membership Directory

One of our favorite member benefits, the directory is updated annually and provides valuable information you can't get anywhere else. The current member list includes phone and fax numbers and e-mail addresses. We also include the subspecialty of each member and whether she accepts referrals.

### Mentor Program

Unique to the SWIU, this is a member benefit we are especially proud of. Included in the directory, each physician listed has agreed to answer questions and give opinions and advice in the categories of: Academic & Clinical Issues, Practice Management & Finance, Workplace Issues, Family Issues, Organized Urology & Public Speaking, International Urology, Military Physicians, and issues of particular interest to African-American, Asian, or Latino women. These volunteers are available by phone, fax and e-mail. It's a special member benefit that only works when you use it.

### Elizabeth Pickett Research Award

Funds are available for small research grants for basic science or clinical urologic research. The awards are to continue or supplement a current project or to initiate new study. Applications are reviewed by the SWIU Research Committee and are judged primarily on the scientific merit of the proposal. The awards are for one year.

### News

Published two times a year, the SWIU Newsletter offers a calendar of events, job notices, AUA reports, feature articles from our members, and the President's Message. Members are encouraged to submit articles of interest. We are also happy to recognize your personal and professional accomplishments in the newsletter. The SWIU NEWSBLAST is a new benefit for SWIU members. An e-mail newsblast provides important, current information for the membership in a short, accessible format.

**Networking**

Networking is a vital and valuable way to gain new knowledge and insight and perhaps make a friend along the way. Through our annual meeting, membership directory, and mentor program, SWIU members have access to the finest minds in women's urology! Choose a quiet moment for a phone call or attend a meeting where your voice is one of those being heard. We need you! And, we need each other!

**Membership Categories****Active**

Must be a member in good standing of the American Urological Association. Must have acceptably completed an accredited urologic training program or its equivalent in a foreign country. Active members have voting privileges.

**Affiliate**

Must be a physician in a related field of medicine and science who cannot qualify for active membership or a non-physician who, by professional or personal accomplishments, has contributed significantly to medicine in general or the specialty of urology in general. Affiliate members may not vote.

**Resident**

Must have graduated from an acceptable medical school with receipt of Doctor of Medicine degree or an equivalent degree. Must be enrolled in a resident program credentialed by the Accreditation Council for Graduate Medical Education (ACGME) or such similar body in a foreign country. Resident members may not vote.





AD