Welcome

The Society of Women in Urology Board of Directors welcomes you to the 29th Annual Breakfast Meeting for women urologists and researchers on Sunday, April 26th, from 6:30 a.m. to 9:00 a.m. The meeting is to be held in the Regency Ballroom A, second floor of the Hyatt Regency McCormick. We are honored to have Dr. John M. Barry, president of the AUA, provide us with an update on the state of the AUA. We have chosen as our keynote speaker Elspeth McDougall, MD, FRCSC, professor of urology at the University of California, Irvine. She will speak to us on “Simulation: The New Frontier of Surgical Education.” We have several awards to present including the SBUR/SWIU Award, the SWIU Elizabeth Pickett Research Awards and the SWIU Travel Award. We will conclude the breakfast with our annual business meeting where new society projects will be proposed and new officers will be voted on to serve. We also hope to have a few minutes to socialize.

On Tuesday, April 28th we are hosting the Fourth Annual Women Leaders in Urology Forum. This is a CME event to be held in CC11, on the first floor of the Conference Center at the Hyatt Regency McCormick from 5:00 p.m. to 6:00 p.m. The program topic is “Challenging Cases in the Medical and Surgical Management of Urolithiasis” and will be moderated by Margaret Pearle, MD, PhD, professor of urology at the University of Texas Southwestern in Dallas. She has assembled a distinguished panel of experts to discuss the cases. This event is open to all AUA members. We hope you all will attend and encourage your colleagues, students, residents and fellows to do so as well. Immediately following the panel discussion, SWIU will host the annual Networking Reception from 6:00 p.m. to 8:00 p.m., which is also open to all AUA members. It is at this reception that SWIU will announce its very important Christina Manthos Mentor Award. We hope you can join us to celebrate this year’s recipient and to enjoy some food, drink, fun and networking. As always, we look forward to providing excellent educational opportunities for our members, highlighting several of the women urology leaders amongst our SWIU ranks, acknowledging and rewarding the work of women in clinical and basic science urology research, and spending time with SWIU members from around the country and abroad.

Warmly,
Harriette Scarpero, MD
SWIU President 2008 – 2009
SWIU Board of Directors
2008 – 2009

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### Annual Breakfast Meeting

**Sunday, April 26, 2009**
**6:30 a.m. – 9:00 a.m.**
**Hyatt Regency McCormick**
**Regency Ballroom A, 2nd Floor**

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<tr>
<td>6:30 a.m.</td>
<td>Breakfast Buffet</td>
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<td>6:45 a.m.</td>
<td>Welcoming Remarks</td>
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<td>Harriette M. Scarpero, MD 2008 – 2009 President</td>
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<td>6:50 a.m.</td>
<td>AUA Update</td>
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<td>John M. Barry, MD 2008 – 2009 AUA President</td>
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<td>7:00 a.m.</td>
<td>Simulation: The New Frontier of Surgical Education</td>
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<td>Presenter: Elspeth M. MacDougall, MD University of California, Irvine Medical Center</td>
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<td>8:00 a.m.</td>
<td>SBUR/SWIU Award</td>
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<td>Presenter: Dolores Lamb, PhD</td>
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<td>8:10 a.m.</td>
<td>SWIU Research and Travel Award Presentations</td>
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<td>Moderator: Harriette M. Scarpero, MD</td>
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<td>8:30 a.m.</td>
<td>Annual Business Meeting</td>
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<td>8:45 a.m.</td>
<td>Networking</td>
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### SWIU Women Leaders in Urology Forum

**Tuesday, April 28, 2009**
**5:00 p.m. – 6:00 p.m.**
**Hyatt Regency McCormick**
**CC11, Conference Center, 1st Floor**

**CHALLENGING CASES IN THE MEDICAL AND SURGICAL MANAGEMENT OF UROLITHIASIS**

**Case 1:** Patient with Crohn’s Disease and Multiple Large Bilateral Renal Calculi

- **Surgical Management:** Elspeth M. McDougall, MD
- **Medical Management:** Kristina Penniston, PhD, RD

**Case 2:** Patient with 15 mm Renal Pelvic Stone and CT Evaluation

- **Surgical Management:** Amy Krambeck, MD
- **Medical Management:** Kristina Penniston, PhD, RD

**Case 3:** Patient with a Symptomatic 12 mm Stone in an Upper Pole Anterior Calyceal Diverticulum

- **Surgical Management:** Elspeth M. McDougall, MD
- **Medical Management:** Amy Krambeck, MD

**Case 4:** Patient on Topamax with Multiple Small Non-Obstructing Renal Calculi

- **Surgical Management:** Amy Krambeck, MD
- **Medical Management:** Kristina Penniston, PhD, RD

**Case 5:** Patient with Diabetes and Multiple Bilateral Radiolucent Renal Calculi

- **Surgical Management:** Elspeth M. McDougall, MD
- **Medical Management:** Amy Krambeck, MD

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**SWIU Networking Reception**

**Tuesday, April 28, 2009**
**6:00 p.m. – 8:00 p.m.**
**Hyatt Regency McCormick**
**CC12-B, Conference Center, 1st Floor**

Everyone is welcome! This is a great opportunity to meet with other urologists to discuss the issues in the field of urology, as well as other medical issues. In addition, SWIU will announce the Christina Manthos Mentor Award winner. We look forward to this great networking opportunity every year and hope to see you there!
SIMULATION – THE NEW FRONTIER OF SURGICAL EDUCATION

Educational Needs
Surgical education is changing rapidly as several factors including budget constraints and medico legal concerns limit opportunities for urological trainees. New methods of skills training such as low fidelity bench trainers and virtual reality simulators offer new avenues for surgical education. In addition, surgical simulation has the potential to allow practicing surgeons to develop new skills and maintain those they already possess. Surgical simulation is an exciting area of surgical education. The future is bright as advancements in computing and graphical capabilities offer new innovations in simulator technology. Simulators must continue to undergo rigorous validation studies to ensure that time spent by trainees on bench trainers and virtual reality simulators will translate into improved surgical skills in the operating room.

Educational Objectives
Upon completion of this program, participants should be able to:
1. Describe the different types of low and high fidelity simulators currently available for learning urologic surgical techniques and procedures
2. Explain the advantages of simulator-based surgical skills training and the use of this for high reliability team training
3. Summarize the importance of the practice of surgical skills for surgeon performance and proficiency in the clinical setting

CHALLENGING CASES IN THE MEDICAL AND SURGICAL MANAGEMENT OF UROLITHIASIS

Educational Needs
Urologists need to be aware of the most recent advances in the medical and surgical management of urolithiasis, such as shock wave lithotripsy. There is a great need to bring up-to-date education to urologists encountering patients with stones.

Educational Objectives
Upon completion of this program, participants should be able to:
1. Understand the pathophysiology of enteric hyperoxaluria and how to medically manage stone formers with bowel disease
2. Identify how to surgically manage patients with stones associated with renal anomalies
3. Select patients with renal calculi for whom shock wave lithotripsy is likely to succeed
4. Recognize the urinary and serum findings of distal renal tubular acidosis and learn how to treat it
5. Identify the diagnosis, surgical and medical management of uric acid stones
Accreditation

The American Urological Association (AUA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The AUA takes responsibility for the content, quality, and scientific integrity of this CME activity.

Credit Designation

The American Urological Association designates this educational activity for a maximum of 2.25 AMA PRA Category 1 Credits™ (Sunday = 1.25, Tuesday = 1.00). Physicians should only claim credit commensurate with the extent of their participation in the activity.

AUA Disclosure Policy

As a provider accredited by the ACCME, the AUA must ensure balance, independence, objectivity and scientific rigor in all its activities.

All faculty participating in an educational activity provided by the AUA are required to disclose to the audience any relevant financial relationships with any commercial interest to the provider. The intent of this disclosure is not to prevent faculty with relevant financial relationships from serving as faculty, but rather to provide members of the audience with information on which they can make their own judgments. The AUA must resolve any conflicts of interest prior to the commencement of the educational activity. It remains for the audience to determine if the faculty’s relationships may influence the educational content with regard to exposition or conclusion. When unlabeled or unapproved uses of drugs or devices are discussed, these are also indicated.

Unlabeled or Unapproved Use of Drugs or Devices

It is the policy of the AUA to require the disclosure of all references to unlabeled or unapproved uses of drugs or devices prior to the presentation of educational content. The audience is advised that this continuing medical education activity may contain reference(s) to unlabeled or unapproved uses of drugs or devices. Please consult the prescribing information for full disclosure of approved uses.

Disclaimer

The opinions and recommendations expressed by faculty, authors, and other experts whose input is included in this program are their own and do not necessarily represent the viewpoint of the AUA.

Evidence Based Content

As a provider of continuing medical education accredited by the ACCME, it is the policy of the AUA to review and certify that the content contained in this CME activity is valid, fair, balanced, scientifically rigorous, and free of commercial bias.

Special Assistance/Dietary Needs

The American Urological Association (AUA), an organization accredited for Continuing Medical Education (CME), complies with the Americans with Disabilities Act §12112(a). If any participant is in need of special assistance or has any dietary restrictions, a written request should be submitted at least one month in advance. For additional assistance with your request please call (847) 517-7225.
Christina Manthos Mentoring Award

Christina Manthos was an extraordinary young urologist whose life and career were sadly curtailed by breast cancer. SWIU, as a means of perpetuating the flame of her inspiration and honoring her memory, has established an annual award to recognize those men or women who demonstrate extraordinary mentoring skills in supporting the career of a female urologist. SWIU believes that a mentor is an important element in the life of each professional woman and wants to encourage and reward those who set a good example.

The Christina Manthos Mentoring Award was founded to honor the memory of an esteemed colleague. Christina Lean Manthos earned her medical degree from USUHS in 1990, receiving the Army Surgeon General’s Award and the Janet M. Glasgow award from the American Medical Women’s Association. After a surgical internship at Fitzsimmons AMC, where she won Outstanding Intern of the Year, she was sent to Korea to serve as a clinic commander. Subsequently, she returned to Fitzsimmons AMC, where she completed her urology residency in 1996. She then served with distinction as the assistant chief of the urology service at the USAF Academy and Fort Carson until she lost her battle with breast cancer in 1999. Christina will be fondly remembered as a gifted urologic surgeon, dedicated officer, and inspiring mentor.

Society of Women in Urology Travel Award

We are excited by the increasing number of women that are choosing urology as their career and would like to encourage them to actively participate in SWIU activities, especially at the AUA annual meetings. With this in mind, we are proud to continue to offer the “SWIU Travel Award” for our resident members. The award is designed to assist with the travel expenses of women residents presenting their research at the podium or poster sessions at the AUA annual meeting. A recipient will be selected to receive an award amount of $1,000.00.

Elizabeth Pickett Research Award Program

The Elizabeth Pickett Research Award Program makes funds available for small research grants for basic science or clinical urologic research. The awards may be used to continue or supplement a current project or to initiate a new study. Each candidate for the award must be a trained urologist (MD/DO), a urology resident/fellow, or a post-doctoral basic scientist with a research interest in urologic related diseases and dysfunction. Each candidate must also be a current member in good standing with SWIU.

SWIU/SBUR Award

Joint SWIU/Society for Basic Urologic Research (SBUR) Award for Excellence in Urological Research

SWIU and SBUR have a common interest in recognizing the accomplishments of female scientists with a distinguished track record in basic science urological research. The award represents the collaborative efforts of these two societies toward their common goals. Appropriate candidates for this award are members of SBUR who hold an MD, a PhD or both and who have a distinguished track record in urological research. Nominations for this award are accepted by the SBUR (www.sbur.org), who will nominate two candidates for consideration to the Board of Directors of SWIU, who will make the final decision. The winner receives a monetary award and one year free membership to Society of Women in Urology.

Visit the SWIU website at www.swiu.org for more information.
SWIU Membership Information

**Member Benefits**

If you have questions about applying for membership, the member benefits, or the categories of membership, please contact SWIU at (847) 517-7225 or email us at ann@wjweiser.com.

**Meetings**

SWIU meets annually at a special breakfast held in conjunction with the opening of the national meeting of the American Urological Association (AUA). Offered at a different site each year, the meeting presents an unmatched opportunity for serious learning as well as networking through meeting new members and welcoming old friends. A guest speaker presents on a timely topic for women in medicine and includes scientific and research news, as well as business issues such as marketing and managed care. You’ll also enjoy relaxing at a location that has been selected for its beauty, comfort, and amenities. A special meeting just for networking is also held one evening at the AUA meeting. It is an important opportunity to meet SWIU members at an informal gathering and to establish relationships that you will value throughout the year.

**Membership Directory**

One of our favorite member benefits, the directory is updated annually and provides valuable information you can’t get anywhere else. The current member list includes phone and fax numbers and email addresses. We also include the subspecialty of each member and whether she accepts referrals.

**Mentor Program**

Unique to SWIU, this is a member benefit we are especially proud of. Included in the directory, each physician listed has agreed to answer questions and give opinions and advice in the categories of: Academic & Clinical Issues, Practice Management & Finance, Workplace Issues, Family Issues, Organized Urology & Public Speaking, International Urology, Military Physicians, and issues of particular interest to African-American, Asian, or Latino women. These volunteers are available by phone, fax, and email. It’s a special member benefit that works only when you use it.

**SWIU News**

Published four times a year, the SWIU newsletter offers a calendar of events, job notices, AUA reports, feature articles from our members, and the President’s Message. Members are encouraged to submit articles of interest. We are also happy to recognize your personal and professional accomplishments in the newsletter.

**Networking**

Networking is a vital and valuable way to gain new knowledge and insight, and perhaps make a friend along the way. Through our annual meeting, membership directory, and mentor program, SWIU members have access to the finest minds in women’s urology! Choose a quiet moment for a phone call or attend a meeting where your voice is one of those being heard. We need you! And we need each other!

**Find a Doctor**

New! SWIU has recently added this quick and easy find-a-doctor feature to the SWIU homepage. Members and non-members alike can locate female urologists throughout the United States and internationally at just the click of a button.
Membership Categories

Active
Must be a member in good standing of the American Urological Association. Must have acceptably completed an accredited urologic training program or its equivalent in a foreign country. Active members have voting privileges.

Affiliate
Must be a physician in a related field of medicine and science who cannot qualify for active membership or a non-physician who, by professional or personal accomplishments, has contributed significantly to medicine in general or the specialty of urology in general. Affiliate members may not vote.

Resident
Must have graduated from an acceptable medical school with receipt of Doctor of Medicine degree or an equivalent degree. Must be enrolled in a resident program credentialed by the Accreditation Council for Graduate Medical Education (ACGME) or such similar body in a foreign country. Resident members may not vote.

Thank You to Our 2009 Industry Partners
American Medical Systems
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Novasys Medical
Pfizer

See You Next Year in San Francisco, California

2010 SWIU Annual Breakfast Meeting
Sunday, May 30, 2010

Women Leaders in Urology Forum
Tuesday, June 1, 2010

Networking Reception
Tuesday, June 1, 2010